

You can only register for the full training.
There will always be 3 teachers facilitating the modules.

PRICE

€ 1280,-	if you book before June 15 th
€ 1380,-	if you book before July 15 th
€ 1480,-	if you book after

Teaching hours: 5 hours per day

Accommodation: We can help if necessary

Language: English
(we do also speak German, French and Spanish)

INFO & REGISTRATION:

cittfreiburg@gmail.com

FOR WHOM?

- If what you've read made you curious, you feel the desire to have the support from a team of experienced CI teachers and peers, and you are willing to enter into a group process that will help you find your way into teaching, this could be the right program for you. You will need to apply latest 4 weeks in advance with a biography (dance & CI experience) and a letter of motivation.

Design: Josefine Rudolph



DANIELA SCHWARTZ (F/RA)

www.dani-ecki.com

Nomadic artist, involved in the practice, performance and teaching of Contact Improvisation and Improvisation since 1998. She travels throughout EU and the Americas giving workshops in various institutional and private contexts.

In Alsace, her base of action, she is a member of Co. DégaDézo since 2005. She is co-organizer and co-artistic director of contactfestival freiburg in Germany since 2012.

She was part of the conception, organization and conduction team of the 1st ISS Improvisation Summer School in collaboration with the Université Côte d'Azur, France 2019.

With a focus on the ecosomatic practices as multidirectional movements in the present moment and as material for research, thought and creation, my main interests are the complexity of the interrelational dialogue and the virtuosity of attention and imagination anchored in the physical experience.



ECKHARD MÜLLER (GER/F)

www.dani-ecki.com

Performer and teacher for Contact Improvisation & Improvisation, co-founder of the contactfestival freiburg and the dance company degadezo in Strasbourg. Further areas of experience in somatics, contemporary movement techniques, acrobatics and yoga.

I am teaching CI and Improvisation since the early 90ies worldwide. These techniques are also the foundation for my SKIN Interactive Performance Concept project, that I have realized in many cities all over South America and Europe with my partner Dani.

My main objective is to find to a mutual communication with any partner. In my lessons I try to awaken a playful approach to our bodies in motion and the associated physical forces and touch. In general, I am interested in freedom, lightness and flow in the meeting with our partner and the group.



MELANIE SEEGER (GER)

www.tanz-mehr.de

Lives and works in Freiburg as a freelance dancer and dance teacher. She gives courses in new dance, improvisation, contact improvisation and yoga.

Together with Eckhard and Bernd, Melanie teaches the advanced CI training program by bewegungs-art. She did a two-year training in dance and expression therapy and graduated as dancer and performer at TIP-School for Dance, Improvisation and Performance in Freiburg. Currently she is undergoing Body Mind Centering® training to become somatic movement educator (SME).

Melanie first discovered her love for dance when she was in her early 20s. Since then she has been intensively researching various contemporary dance forms and techniques, enjoying going deeper into body-aware understanding of healthy, sustainable movement.



#5 CI TEACHER TRAINING FREIBURG

ANNUAL 4 WEEKS TRAINING PROGRAM

WHY?

- Many people with a strong desire to teach CI in diverse contexts wish to have support for their path as well as: A peers group to share questions and doubts with, to gain confidence and be accompanied through their process. A safe place to practice articulation and languaging of an experience to be transmitted or shared. An environment to nourish and question their teaching practice and resources related to CI transmission/facilitation/teaching. To develop their own particular CI teaching style and strengthen their voice.

HOW?

- We propose a training structure with 4x one-week training.
- In between the training weeks there is time to continue your research/practice, find answers to questions, and hopefully find more questions.
- As part of the training, participants will co-teach a class and receive feedback from the group.



CONTENT OF THE PROGRAM:

- We will share the motivation to be in this program and the questions we all bring.
- CI classes will be offered as models, taught by one of the teachers' team.
- We will observe, talk and discuss about how to look at classes and how to analyze them. Through the discussions you will find your own filters and ways.
- We will open space for first experiments offering co-teaching labs and discussions to a certain topic of interest and will also propose labs to your questions.
- We will share resources, strategies and scores, which will facilitate access to new material/thoughts/ideas.

POSSIBLE QUESTIONS:

- Questions about teaching could be:
What is CI for me? (more general)
Which (content / structure / values) do I wish to provide through my teaching?
How do I wish to teach (environment/quality/atmosphere of the class)?
How do I prepare a class? How do I lead a class?
Safety issues for a class or a jam. Do I need them?
What is a CI jam for me, how would I host one?
CI and socio-politics: What CI has to do with our society?
CI as a performance art or/and a social dance?



FEEDBACKS:

- We provide different structures and methods to give/receive personal feedback within the entire group and small groups.

FORMATION/DIPLOMA

- In CI there is no certification, anybody who wishes can become a CI teacher, this program is a frame for you to develop your teaching practice and skills.
- We will encourage you to co-teach one entire class towards the end of the program. You will choose your group and your interest. You will receive feedback from the group and/or the teachers in your chosen format. You cannot fail the program, you will deal with the feedback you receive in the way is the most useful to yourself.

DATES 2025/26

Modul I	Wednesday to Sunday	September 17 – 21	5 full days
Modul II	Wednesday to Sunday	Oct. 29 – Nov. 2.	5 full days
Modul III	Wednesday to Sunday	January 7 – 11	5 full days
Modul IV	Wednesday to Sunday	April 1 – 5	5 full days

